

Increase Participation in the Afterschool and Summer Nutrition Programs

When school lets out — either just for the day or for the summer — many children head to afterschool or summer programs. Hungry children cannot participate fully or benefit from the enrichment and learning activities that are part of an afterschool or summer program. By serving meals or snacks at these programs, hunger is kept at bay so that children are engaged and ready to learn. Federal programs, such as the Afterschool Meal Program and the Summer Nutrition Programs, provide crucial funding for meals and snacks.

To increase participation, the Food Research & Action Center (FRAC) works to expand the availability of Afterschool and Summer programs as well as connect sites to these programs. FRAC creates a number of publications designed to introduce sponsors to the programs, help sponsors get started, and share tips on serving meals.

Visit FRAC's [Afterschool](#) and [Summer](#) webpages to access updates, information, and resources.

Reports and Publications

- [Plan for Success: Afterschool Meal Programs and the Updated CACFP Meal Pattern](#)
- [Hunger Doesn't Take a Vacation: Summer Nutrition Status Report](#)
- [Summer Breakfast Status Report](#)
- [State Agency Summer Nutrition Sponsor Retention Strategies](#)
- [Summer Food Standards of Excellence](#)
- [Fresh from the Farm: Using Local Foods in the Afterschool and Summer Programs](#)

FRAC'S Tools for Operating Afterschool and Summer Programs

- [Summer Meals Fact Sheet](#)
- [Summer Food Mapper](#)
- [Summer Nutrition Programs Implementation Calendar and Guide](#)
- [Afterschool Meals Fact Sheet](#)
- [Moving from Afternoon Snack to Meal: It's easier than it looks](#)
- [Afterschool Meal Program: Serve Meals on Weekends, School Holidays, and School Breaks](#)

More best practices, outreach materials, and toolkits can be found in FRAC's resource library for [Afterschool](#) and [Summer](#) programs.

Monthly Conference Call Series and Events

- [Register now](#) for the next Summer and Afterschool Meals Matter Conference Calls or [view](#) past webinars by going to FRAC Events at [frac.org](#).

Sign Up for FRAC's E-newsletter

- Read the Afterschool and Summer Meal Expansion [newsletter](#), which provides updates and resources on the Afterschool and Summer Meal Programs.
- [Register](#) to receive the *Weekly News Digest*, which contains the latest news and information on hunger, nutrition, and poverty issues.