In Massachusetts

- SNAP reaches 443,831 households with 761,689 individuals in an average month (FY 2016).¹
- SNAP helps 1 in 8 households in metro areas and small towns and 1 in 20 households in rural areas afford healthy, nutritious meals.²

Percent of households participating in SNAP³

<table>
<thead>
<tr>
<th></th>
<th>Metro Areas</th>
<th>Small Towns</th>
<th>Rural Areas</th>
</tr>
</thead>
<tbody>
<tr>
<td>Massachusetts</td>
<td>13%</td>
<td>12%</td>
<td>5%</td>
</tr>
<tr>
<td>Nationally</td>
<td>13%</td>
<td>15%</td>
<td>16%</td>
</tr>
</tbody>
</table>

¹ USDA, Characteristics of Supplemental Nutrition Assistance Program Households: Fiscal Year 2016.
² For the purpose of this analysis, “Metro Areas” are metropolitan statistical areas as delineated by the Office of Management and Budget (OMB), each of which contains at least one Census Bureau-delineated urbanized area of 50,000 or more people; “Small Towns” are micropolitan statistical areas as delineated by OMB, each containing at least one Census Bureau-delineated urban cluster of between 10,000 and 50,000 people; and “Rural Areas” are non-metropolitan and non-micropolitan areas. Massachusetts has only one rural county—Nantucket. Nantucket’s median income in 2015 was $86,014.
³ American Community Survey 2016 five-year estimates (2012-2016).

- Almost three-quarters of SNAP families had at least one working adult in the past 12 months.
- A very small number of SNAP households (6% or 27,000) participate in TANF, making SNAP a critical safety net for families with children.
- Nearly one-third of SNAP households included children.

Source for working families data: American Community Survey 2016 five-year estimates (2012-2016).

Based on the Census Bureau definition, family consists of a householder and one or more other people living in the same household who are related to the householder by birth, marriage, or adoption.

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