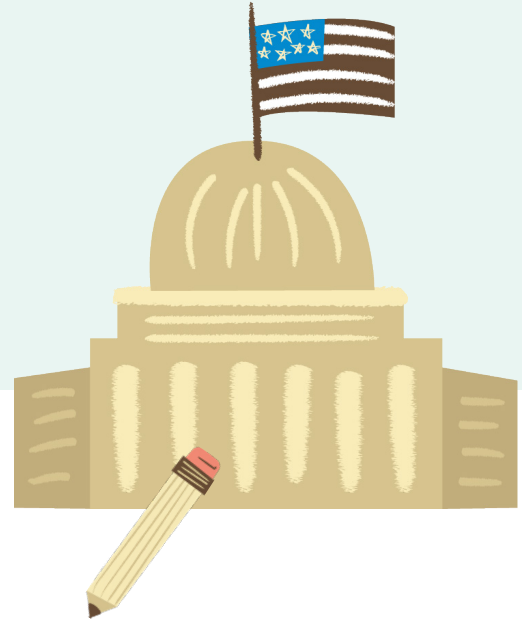


Write to your Representative



ResistBot connects you to your government officials. It will turn your text into an email, fax, or postal letter, and deliver it to your officials.

1 Text “resist” to 50409

Or go to the resist.bot website for more platforms to chat with ResistBot.

2 Provide ResistBot with:

- First and Last Name
- Who you’d like to contact [House], [Senate], [State], [President]
- Address (to identify your representative)
- The message you’d like to send to your representative

3 Use our template

I am reaching out because I am concerned about hunger in America. Nutrition and well-being programs like SNAP, WIC, and school meals are essential to people across the country, but I know their funding is at risk.

Will your office protect and improve federal funding of these essential nutrition programs?