

What is Pandemic EBT?

Pandemic Electronic Benefit Transfer (P-EBT) provides nutritional resources to families who have lost access to free or reduced-price school meals and/or child care meals due to school and child care facility closures and/or reduced hours. Families will receive money on a new or existing EBT card to help fill this gap in meals.

Who is eligible to participate in P-EBT Under 6?

All children under the age of 6 in households that received SNAP at any time since October 1, 2020 are eligible for P-EBT benefits if they live in or attended child care in an area where one or more schools or child care facilities are closed or operating with reduced attendance or hours.

When will P-EBT Under 6 benefits be available?

Each state is in the process of creating a plan to implement for P-EBT Under 6. [Check your state's P-EBT website](#) for the latest on P-EBT.

How much is the benefit for P-EBT Under 6?

For most states, the daily benefit per child is \$6.82. Each state will determine the monthly benefit amount for children. It will differ by state and potentially differ by area within the state. The maximum benefit is 5 days of meals per week.

P-EBT Under 6 will be retroactively available back to October 1, 2020. This differs from P-EBT for school-age children which is available for any days school has been closed or has reduced attendance in the 2020-2021 school year. [Check your state's webpage](#) for the status of P-EBT in your state and when benefit distribution is set to begin.

How do families receive P-EBT Under 6 benefits?

For many families, states may automatically issue P-EBT benefits on an existing or new EBT card with no action need by the family.

However, some states might ask families to complete an application. [Check your state's webpage](#) for the status of P-EBT in your state and if there are steps you must take to access the program.

Will this affect my ability to receive other benefits?

No, it will not.

Does this count against me under public charge?

No, it does not. Using P-EBT benefits does not impact you or your child's immigration status. The public charge rule does not apply to P-EBT benefits. Even though P-EBT uses the same type of card as SNAP, Pandemic EBT is NOT SNAP and is not considered in a public charge test. In addition, receipt of SNAP benefits by a child does not affect their parents' immigration status.

What if my P-EBT card is lost or misplaced?

The state can replace your P-EBT card but cannot replace the value of any benefits which have already been redeemed. [Check your state's webpage](#) for contact information.

Are there other resources available for emergency food access?

Yes, [Feeding America](#) has a food bank finder for immediate access to food.

Your child may also have access to “grab and go” meals through the Summer Food Service Program. You can find a meal site in your community through [USDA's Meals 4 Kids Site Finder](#).

Where can I get more information?

For more information on P-EBT the following resources are available.

- [FRAC's P-EBT Webpage](#)
 - P-EBT FAQ
 - State P-EBT Programs Map
 - P-EBT Communications Toolkit and Additional Resources