

Healthy School Meals for All

Children and teens cannot learn on an empty stomach. There are many students that need a nutritious breakfast and lunch at school who do not qualify for free or reduced-price school meals.

Healthy School Meals for All means offering a free breakfast and lunch to all students at school, regardless of their household income, so they can learn and thrive. Serving school meals to all students at no cost on a permanent basis would be a game changer for students, families, and schools.



Benefits of Providing Free Meals to All Students:



ENSURES ALL STUDENTS ARE HUNGER-FREE AND READY TO LEARN



REDUCES STIGMA ASSOCIATED WITH EATING SCHOOL MEALS



ENDS THE PROBLEM OF UNPAID SCHOOL MEAL DEBT



EASES ADMINISTRATIVE BURDENS FOR SCHOOLS



SUPPORTS SCHOOL NUTRITION FINANCES AND OPERATIONS



School meals are just as important to students' **academic success** as textbooks.



During the pandemic (March 2020–June 2022), schools had the option to serve **free meals to all students**, and this effectively served as a trial run of a **nationwide free school meals for all policy**.



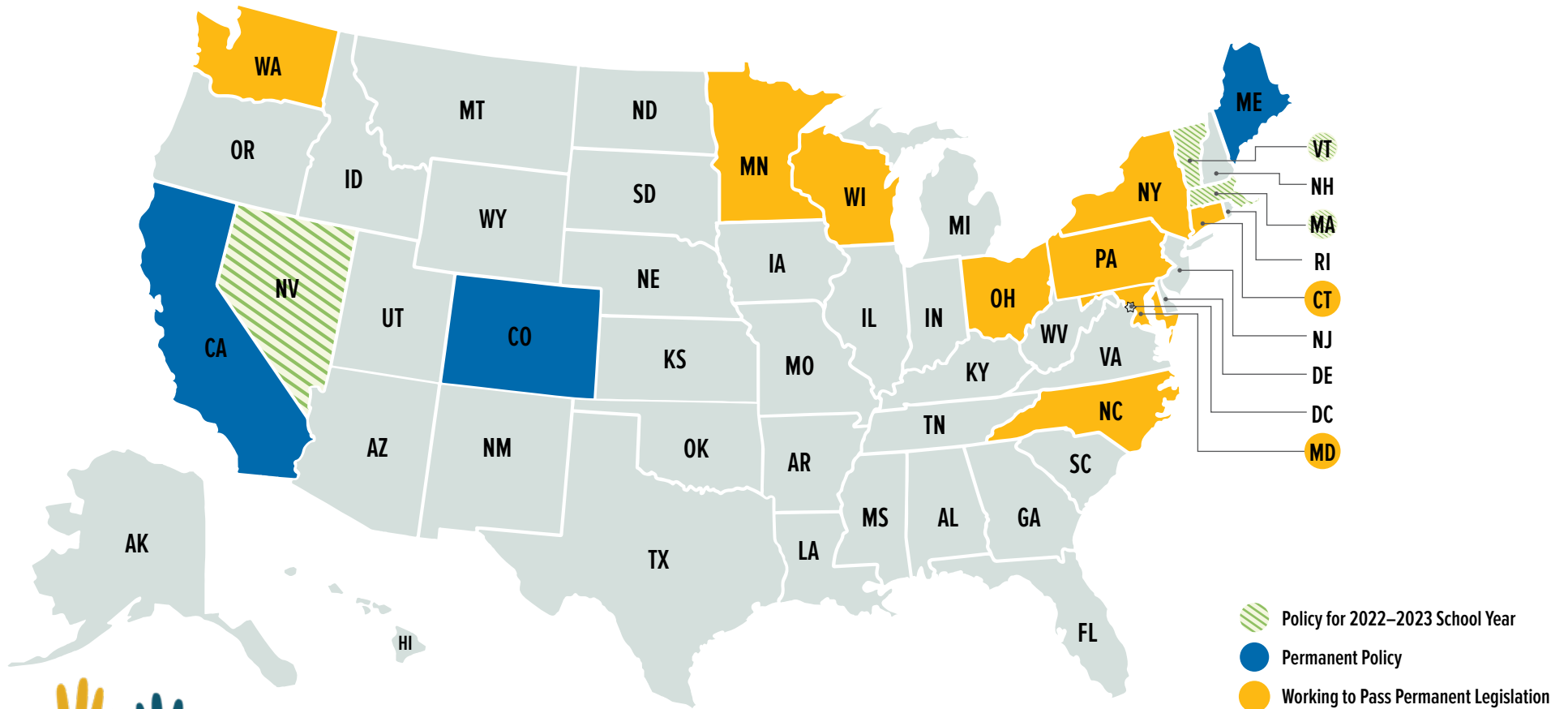
Research links participation in **school meals** to **positive educational and health outcomes** for children.



Sixty-three percent of voters believe that **free school meals for all students nationwide** should be made **permanent**, according to FRAC polling.

Momentum Is Building for Healthy School Meals for All

Across the U.S., parents, teachers, students, school nutrition staff, policymakers, and many others are raising their hand in support of Healthy School Meals for All. California, Colorado, and Maine have passed permanent Healthy School Meals for All legislation. Nevada, Massachusetts, and Vermont made free meals available to all students for the 2022–2023 school year, and many other states are considering Healthy School Meals for All bills.



Learn more at www.FreeSchoolMealsforAll.org