

DIRECTIONS

This is an interactive PDF for you to download and edit within an Adobe program in order to easily tailor information on resources in your local community. Check the boxes for the programs that are appropriate for your patient and their family.

Federal Nutrition Programs are available in every state. While this chart includes national numbers available through these programs, taking the time to localize and update referral information will help patients more readily connect to these critical services.

If you do not have Adobe programs, please print out the resource and write in local resources.

TIPS ON LOCALIZING CONTENT

- ▶ Contact your [state anti-hunger group](#) to request assistance in reviewing this chart and for adding any state or local information in terms of eligibility and referrals.
- ▶ Depending on your location, a 211 line may be available to connect patients and their families to key nutrition.

NOTE: FEDERAL NUTRITION PROGRAMS DURING COVID-19 HAVE ADOPTED SPECIAL PROVISIONS AND RULES. CHECK WITH YOUR LOCAL ANTI-HUNGER ORGANIZATION OR SEE FRAC'S COVID-19 UPDATES WEBPAGE AT [FRAC.ORG/COVID19](https://www.frac.org/covid19).



Hunger Could Be Hiding in Plain Sight **YOU CAN'T TELL IF YOU DON'T SCREEN**

Millions of U.S. children live in a household struggling with food insecurity
Join AAP in universally screening for food insecurity



USE THIS QUICK HUNGER VITAL SIGN™ SCREENING TOOL:

1. “Within the past 12 months, we worried whether our food would run out before we got money to buy more.”

OFTEN TRUE SOMETIMES TRUE NEVER TRUE DON'T KNOW/REFUSED

2. “Within the past 12 months, the food we bought just didn't last and we didn't have money to get more.”

OFTEN TRUE SOMETIMES TRUE NEVER TRUE DON'T KNOW/REFUSED

If patients answer “often true” or “sometimes true” to either or both statements, please refer them to the following resource:

USDA NATIONAL HUNGER HOTLINE

1-866-3-HUNGRY/866-348-6479 or 1-877-8-HAMBRE/877-842-6273

Monday through Friday

