
Everyone Wins With the Summer Food Service Program

SFSP benefits everyone:

- **Low-income kids** receive nutritious meals and organized activities
- **Low-income parents** can stretch their food dollars, and have supervised recreation for their children
- **Community members** come together for food, fun, and education
- **Teachers and schools** see students that are better prepared to learn in September



***The Vermont Campaign to
End Childhood Hunger
wants to help your
community start a
summer meal program!***

***Together, we can ensure that
when summer ends, all Vermont
children return to school healthy,
nourished, and ready to learn.***

*For help with organizing, outreach,
reimbursement, and tips for creating a
great summer meal site, contact:*

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***29,000 Vermont
children rely on free or
reduced-price school
meals for nutrition
everyday...***



***But Hunger
Doesn't Take
a Summer
Vacation***

**The Summer Food
Service Program:**

*An informational brochure for
service providers and
community members on how
to create a successful summer
meal program in your
neighborhood*

The Problem:

For most children, summer vacation is the most anticipated time of the year. But for the 29,000 children receiving free or reduced-price school breakfast and lunch, it can be a season of worry.

Many low-income families struggle to provide the nutritious meals that schools provide during the academic year.



Additionally, children of working families often lack affordable opportunities for stimulating recreation activities, and spend the summer months indoors at home, hungry, lonely, and bored.

By the time school opens again, many of these children have fallen behind, both nutritionally and developmentally.

The Solution:

The *Summer Food Service Program* (SFSP) is a federal nutrition assistance program created to address this important issue. SFSP provides reimbursement for meals served to low-income kids.

Summer meal sites across the state are found at:

- Parks
- Pools
- Libraries
- Schools
- Existing youth programs or camps

Contact the Vermont Campaign to End Childhood Hunger to find out if there is a program sponsor in your area, and help establish sites.



How To Get Involved:

While federal funding is available, community support and volunteers are needed to start and sustain programs. Help support a summer meal program in your area:

- **Work with the Vermont Campaign to End Childhood Hunger and community members to make sure there are sites where children hang out in the summer**
- **Volunteer at a site and lead recreational activities, such as sports or crafts**
- **Spread the word to parents and students about the summer meal program**