



FRAC: Afterschool Nutrition Programs

Model Program

Serving Churches through the Afterschool Nutrition Program **Worcester County Public Schools, MD**

Overview

- The Worcester County, Maryland, Public Schools food service department feeds snacks to approximately 385 children each day through the National School Lunch Program at eight afterschool programs in the county.
- Five of the afterschool programs take place at local churches and three are in schools.
- The school bus drops the children off at the churches as part of its regular route.

Process for Meal Service

- Each afterschool program director picks up the snacks from the cafeteria each day.
- The snacks are self-contained, and the ones that require refrigeration are placed in coolers.

Funding and Costs

- The snacks cost the school district between 40 and 42 cents each, with the additional reimbursement covering labor costs.
- The afterschool programs work with the school food service department to ensure the success of the snack program.
- The cafeteria manager trains the afterschool program on how to serve the snacks and fill out the paperwork.
- The school food service department makes menu substitutions when children do not like an item.

Response to Program

- There have not been any problems with providing the snacks, mostly because of the good relationship between the school cafeteria staff and the afterschool program providers.
- Receiving the snacks from the school is a real bonus for the afterschool programs because it allows them to feed the children at no cost.
- Leiko Flint, an Educational Assistant with Buckingham Elementary School, runs the afterschool program at Buckingham Presbyterian Church. She says that receiving snacks from the school is great.
- The process is easy, and the children like the snacks.
- Without the help of the school, Buckingham Presbyterian Church would probably not be able to provide snacks to the children at their afterschool program.

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